


PSYCHOLOGICAL SERVICES. P. C.

VITA

Shari L. Bridgman, Ph.D.

22792 Centre Drive, Suite 290 • Lake Forest, CA 92630
(949) 581-8334 ● (949) 770-5433 fax

Education BIOLA UNIVERSITY, Rosemead Graduate School of Psychology
 La Mirada, California
 APA-Approved Doctoral Program
 Ph.D., Clinical Psychology, June 1990
 M.A., Clinical Psychology, May 1986

 WHEATON COLLEGE
 Wheaton, Illinois
 B.A., Psychology major, May 1982 (Summa Cum Laude)

Licensed Marriage and Family Therapist (MFC28928)

Relevant Work Experience BRIDGMAN PSYCHOLOGICAL SERVICES, P.C.
 Lake Forest, CA

04/01 - Present Position: Licensed Marriage and Family Therapist.
 Responsibilities: Individual psychotherapy with adults, adolescents,
 and children.
 Clinical Specialties: Depression, anxiety, grief and loss, and marital
 and individual therapy.

08/94 - 3/01 PRIVATE PRACTICE
 Laguna Hills, California
 Position: Licensed Marriage and Family Therapist
 Responsibilities: Individual psychotherapy with adults, adolescents,
 and children. Marital and family counseling. Group therapy. Public
 seminars & workshops. Radio appearances.
 Clinical specialties include: Individual and marital therapy, compulsive sexual behaviors,
 depression, and anxiety.

11/92-07/94 NEW HOPE THERAPY CENTER
 Tustin, California
 Position: Licensed Marriage and Family Therapist

Responsibilities: Individual psychotherapy with adults, adolescents, and children. Marital and family counseling. Group therapy. Public seminars & workshops. Radio appearances.

Clinical specialties include: Individual and marital therapy, compulsive sexual behaviors, depression, and anxiety.

WILSON FAMILY LIVING

Orange, California

02/87 – 10/92

Position: Marriage, Family & Child Therapist.

CA State Registered M.F.C.C. Intern: 2/87-2/91.

Responsibilities: Individual psychotherapy with adults, adolescents, and children. Marital and family counseling. Group therapy. Public seminars & workshops. Radio and cable television appearances.

INTERFACE PSYCHOLOGICAL SERVICES

Placentia, California

07/88-09/89

Position: CA State Registered M.F.C.C. Intern.

Supervisors: James Hargrove, Ph.D., Jeanne Nolten, MFCC

Responsibilities: Individual psychotherapy with adults and adolescents. Marital and family counseling. Intake evaluation and assessment.

Presentations

Bridgman, S.L. & Bridgman, L.P. (March 13, 1993) Miscarriage and Stillbirth: Grieving the Loss and Healing the Wounds. Seminar, presented at the Women for Women Conference, San Juan Capistrano, CA.

Bridgman, S.L. (February, 1993). Miscarriage Grief Recovery Workshop. Featured Guest on the Lifecare radio show hosted by Dr. James Farris. KBRT Radio, Costa Mesa, CA.

Bridgman, S.L. (February, 1993). Miscarriage Grief Recovery Workshop. Seminar, Tustin, CA.

Bridgman, S.L. (October, 1992; March, 1990; February, 1991). Women Who Love Too Much. Seminars, Orange, CA.

Bridgman, S.L. (October 1992; May, 1991; March 1990). Women Who Love Too Much. Featured Guest on "Spread A Little Love Around," KBRT Radio, Costa Mesa, CA.

Bridgman, S.L. (June, 1992). Miscarriage and Stillbirth: Grieving the Loss and Healing the Wounds. Featured Guest on Spread A Little Love Around, KBRT Radio, Costa Mesa, CA.

Bridgman, S.L. (May, 1991). Shattering the Victim Myth. Seminar, Orange, CA.

Publications Bridgman, S.L. (1997). In Heavenly Arms: Grieving the Loss and Healing the Wounds of Miscarriage. BlackHawk Canyon Publishers, Laguna Hills, CA.

References available upon request